



Premarital Intake Form

Initial Consultation

The initial session is important for both you and the counselor. This session will help determine whether or not a Biblically-based approach to counseling will be acceptable and meet your specific needs. The hourly rate applies to this session.

Frequency of Session

In our years of experience, we have learned that a commitment to the process of discovery is vital before marriage. Weekly sessions are best until the issues crucial to your relationship are covered. An important part of your pre-marital counseling process may include homework between sessions.

Length of Session

Our standard session is one hour. Extended sessions range from 1-3 hours and are billed at the hourly rate. However, if you have paid in advance for discounted sessions, any request for extended sessions will count toward the total number of sessions you purchased. We make every effort to begin on time and end on time.

Cancellations

In consideration of others who are trying to schedule appointments with our office, we ask you to give us a 24-hour notice if you need to cancel a session. This allows us the opportunity to offer that time slot to another client. Cancellations given less than 24 hours will be billed at \$30 per hour. *NOTE: We reserve the right to discontinue the counseling process at our discretion, at any time.*

Fees & Method of Payment

Agathos INC is a 501(c)3 non-profit organization supported by client fees and donor contributions. Pre-marital counseling fees are as follows:

1. \$60.00 per hour = based on our hourly rate and due each session
2. \$45.00 per hour = \$225 for four (5) 1 hour sessions if paid-in-full on the first visit
3. \$30.00 per hour = \$300 for six (10) 1 hour sessions if paid-in-full on the first visit

NOTE: Whichever payment you choose will be the hourly rate you pay for ongoing sessions

Our goal is to provide a caring, healing ministry at an affordable rate to each person or couple who seeks pre-marital counseling through Agathos. If you need financial assistance, we recommend you appeal to family, friends or your church to sponsor your counseling fee with a tax-deductible gift (*checks must be ear-marked with your name*). Gift receipts will be mailed to contributors at the end of the calendar year or upon request. We accept cash or checks. Please make checks payable to Agathos INC. Contributions to Agathos are tax-deductible. However, no tax-deductible receipt will be issued for counseling services.

Please keep this page for your personal records.

Questionnaire

This questionnaire must be filled out completely and returned to Agathos. After being reviewed, an appointment will be made to meet with a counselor, at this time we will determine whether or not to begin the pre-marriage counseling.

General Information

Have you set a tentative date for your wedding? _____ If yes, when? _____

Personal Information

Date: _____

Name: _____ DOB _____ Age: _____

Gender: Male Female

Address _____ City: _____ State: _____ Zip code: _____

Phone: (____) _____ - _____ Email: _____

Occupation: _____ Employer: _____

Fiancé's Name: _____ Age: _____

Educational Background

GED HS Diploma

Associate's/Technical Degree major: _____

Bachelor's Degree major: _____

Post-Graduate Degree major: _____

Other If degree applies please specify major: _____

Marital Status

Previously married? _____ If yes, how many times? _____ For how long? _____

Are you: Single Divorced Widowed Separated

Is your divorce final? _____ If not, when? _____

Do you have children from a previous marriage? _____ If yes, how many? _____

What are their ages? _____

Relationship status

Current Relationship status: Seriously Dating Engaged Separated

How long have you been together: _____ How long have you been engaged? _____

How long have you known your fiance? _____

How many times have you been engaged? _____ Have you ever been married before?

Religious / Spiritual Background

Were you affiliated with any church / religion growing up? Yes No

What Church or Religion? _____

Are you currently affiliated or attending a church/religion now? Yes No

What Church or Religion? _____

Describe your religious upbringing:

Describe your current relationship with God:

What differences / similarities have you discussed concerning religious / spirituality?

Please answer the following questions as completely as possible. Remember that our goal is to help you prepare for marriage. Therefore, be honest with your responses. Don't simply write the answers you think we expect.

1. Write a brief definition of "Love".

2. What does "love" mean in your relationship?

3. Describe two things that attracted you to your fiancé.

4. How did you get along with your father and mother during your childhood?

5. Describe your present relationship with your father and mother.

6. What practices in your home were very different from those in your fiancé's home?

7. How do you understand the term "submission" in marriage?

8. How were you nurtured and affirmed in your growing up years?

9. Do you see yourself as having a specific role in the marriage?

10. What specific role does your fiancé have in marriage?

11. What thoughts come to you when you think of God knowing your heart?

12. What are a few of your defining character qualities?

13. What do you expect from marriage that is a need you think your fiancé can satisfy?

14. What material possessions are worth the accumulation of debt?

15. Do you regularly use credit cards? If yes, do you pay off the balance monthly?

16. What are your thoughts regarding giving to those in need?

17. Do you see yourself more as a saver or a spender? How about your fiancé?

18. Do you now have a monthly and/or annual budget?

19. Who is going to organize the finances—you, your partner or both? Why?

20. What are your largest current debts? (*credit cards, college loans, home, auto, etc.*)

Please take your time as you answer the statements below. (Circle one answer per question)

My fiancé and I have a very close, authentic relationship.

Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree
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My fiancé has some habits I dislike.

Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree
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I can share positive and negative feelings with my fiancé.

Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree
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We have some important disagreements that never seem to get resolved.

Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree
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We have similar styles of spending and saving.

Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree
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I sometimes feel pressured to participate in activities my fiancé enjoys.

Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree
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I am very satisfied with the amount and kind of affection I receive from my fiancé.

Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree
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I have some concerns about my fiancé's parenting philosophy.

Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree
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I am satisfied with how we have decided to share household duties.

Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree
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We disagree on major points in our spiritual beliefs.

Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree
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I understand myself and take responsibility to make myself understandable to others.

Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree
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My fiancé is a very generous, selfless person.

Strongly				Strongly
Disagree	Disagree	Undecided	Agree	Agree

Recovering from emotion upset is a difficult thing for my fiancé.

Strongly				Strongly
Disagree	Disagree	Undecided	Agree	Agree

My fiancé has a strong sense of who he/she is and is a secure person.

Strongly				Strongly
Disagree	Disagree	Undecided	Agree	Agree

I can stay relationally connected during an argument.

Strongly				Strongly
Disagree	Disagree	Undecided	Agree	Agree

My fiancé tells me when he/she needs something from me?

Strongly				Strongly
Disagree	Disagree	Undecided	Agree	Agree

I am often influenced by “what if” questions and then fear prompts my decisions.

Strongly				Strongly
Disagree	Disagree	Undecided	Agree	Agree

We have people in our lives who share and care about our overwhelming experiences.

Strongly				Strongly
Disagree	Disagree	Undecided	Agree	Agree

I avoid or try to escape painful emotions, but sometimes I get stuck.

Strongly				Strongly
Disagree	Disagree	Undecided	Agree	Agree

My fiancé has difficulty bonding to others in relationships.

Strongly				Strongly
Disagree	Disagree	Undecided	Agree	Agree

I know what brings me personal satisfaction.

Strongly				Strongly
Disagree	Disagree	Undecided	Agree	Agree

I am a persistent person and complete the hard tasks I begin.

Strongly				Strongly
Disagree	Disagree	Undecided	Agree	Agree

My fiancé has a tendency to fill his/her spare time with unproductive activities.

Strongly				Strongly
Disagree	Disagree	Undecided	Agree	Agree

I think my fiancé is mature in reacting to disappointment and failure.

Strongly				Strongly
Disagree	Disagree	Undecided	Agree	Agree

I know how to “be myself” in all situations.

Strongly				Strongly
Disagree	Disagree	Undecided	Agree	Agree

My fiancé knows how to bring me back to joy when I am feeling down or upset.

Strongly				Strongly
Disagree	Disagree	Undecided	Agree	Agree

We are learning how to help each other through specific fears we face in life.

Strongly				Strongly
Disagree	Disagree	Undecided	Agree	Agree

I can assess when some of the joy has broken down in my fiancé.

Strongly				Strongly
Disagree	Disagree	Undecided	Agree	Agree

Confidentiality Disclosure Statement and Agreement

Biblical care ministry is Not Professional Psychotherapy

The mission of Biblical Counselors at Agathos is to bring healing, hope, and wholeness to individuals, families, and communities by expanding and equipping spiritually grounded individuals through Biblical and psychologically informed care and counseling. Biblical care ministry is not based on a medical or professional model consequently Biblical counselors care for people rather than treat disorders. Biblical counselors cannot provide a diagnosis of mental disorders or psychotherapy to treat disorders. Consequently, Biblical counseling is not covered by most health insurance. The credentials of our counselors are NOT to be equated with, nor are they represented as being equal to licensing by the State of Tennessee as a professional licensed therapist/psychotherapist. Because they are Biblical Counselors performing a Biblical Care function, Agathos Biblical counselors do not fall under the regulatory license requirements of the State of Tennessee.

Limits of Confidentiality Statement

All confidential information provided to Agathos, is strictly confidential by our Biblical Counseling staff and will not be revealed to any outside person or agency without your written permission on an information release consent form, except when required by law.

You should know that there are certain situations in which all counselors are mandated by Tennessee or Case Law to reveal information to other persons or agencies without your expressed permission or consent.

These situations are:

1. If you threaten bodily harm or death to another person, we are required to inform the intended person, as well as appropriate law enforcement agencies.
2. If there is sufficient evidence presented in the course of ministry to suspect that a child or elderly person is being or has been abused, either by neglect, assault, battery or sexual molestation, we are required to report the reasonable suspicion of such abuse to appropriate authorities.
3. If a court of law issues a legitimate subpoena, we are mandated by law to provide the information specifically described in the subpoena.
4. If there is expressed intention to commit bodily harm to one's self (i.e. suicide), we are required by law to inform necessary individuals and/or agencies to prevent harm.

If for some reason there is a need to share information in your record with a health care professional, you will first be consulted and asked to sign a consent form authorizing transfer of the information.

I, _____, have read and understand the above Disclosure Statement and acknowledge that the ministry of Agathos is the type of counseling I desire to receive. I have also read and accept the Limits of Confidentiality Statement above and agree to the terms of the Pastoral Care/Prayer Ministry Agreement.

Client Signature _____ **Date** ____/____/____

Note: This page must be signed and returned with your INTAKE FORM before counseling begins.